

STAR 2 Competition Information Package

1. What is STAR 2?

STAR 2 marks an exciting step forward in your skater's journey. While STAR 1 introduced skaters to the competition environment, STAR 2 is where they begin to perform a solo routine to music on full ice.

This level introduces more commitment, increased independence, and additional costs such as private choreography lessons and music editing. Skaters will have already participated in STAR 1, so many of the timelines, attire expectations, and competition etiquette remain the same. We've summarized the key changes and additions below.

Skaters at the STAR 2 level may register for multiple events:

- STAR 2 Free Skate
- STAR 2 Elements
- Creative Improv 1

Each event continues to be assessed to standard (not ranked), and skaters receive a performance report card and a ribbon (Bronze, Silver, or Gold).

2. Who is it for?

STAR 2 is ideal for skaters who:

- Have successfully completed at least one STAR 1 assessment and competition
- Are ready to perform a 2-minute solo with music on full ice
- Train a minimum of 3 days per week (4 days per week is recommended)
- Are developing the ability to practice independently
- Can commit to private lessons to choreograph and refine their program (billed separately by the coach)

3. When and Where Do These Competitions Take Place?

There are typically three STAR 2 competition opportunities per season:

- Okanagan Interclub – November 28–30, 2025 | Merritt, BC
 - Okanagan Regionals – February 6–8, 2026 | Summerland, BC
 - Super Series Final – March 5–8, 2026 | Kelowna, BC
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4. Event Descriptions & Registration Costs

❖ STAR 2 Free Skate

Skaters perform a 2-minute solo choreographed to music. This is the main event at this level and the biggest shift from STAR 1. Skaters must memorize and perform their program independently on full ice.

Required Elements:

- Single Salchow
- Single Toe Loop
- Single Loop
- Single Flip or Lutz
- Waltz Jump + Toe Loop Combo
- Backward Upright Spin
- Sit Spin or Camel Spin
- Forward Spiral Sequence
- Turn Sequence (3-turns and backward crossovers)

Cost: \$80 - \$120 (may vary by host club and location)

❖ STAR 2 Elements Event

Skaters perform specific elements one at a time in a small group setting. This helps build confidence and reinforce strong technique without music.

Required Elements:

- Single Loop Jump
- Waltz Jump + Toe Loop Combo
- Backward Upright Spin
- Forward Spiral Sequence

Cost: \$57 (may vary by host club and location)

❖ Creative Improv 1

Skaters hear a surprise piece of music 45 seconds in length and have 3 minutes on the ice

to explore and create a short performance. This event encourages creativity and musical expression. Skaters are assessed on presentation and skating skills. No coaching is permitted during the event.

Cost: \$57 (may vary by host club and location)

5. Additional Costs & Commitment

Private Coaching Lessons

At STAR 2, skaters work one-on-one or in small groups with coaches to build and refine their routines. These lessons are billed separately and are not included in registration.

Sample monthly breakdown (based on 4 training days/week):

- 4 private lessons @ \$15/15 min
 - 4 semi-private lessons @ \$9/15 min
 - 4 small group lessons @ \$10/20 min
- = Approx. \$136/month

This example is not guaranteed and varies by coach's rates and availability.

Music Editing

Custom music selection, purchase, editing and program layout is required and typically costs \$100.

Competition Coaching Fees

~\$60 per skater, per event (includes warm-up and event-day support)

Billed monthly by your coach

Other Expenses

- Competition attire and accessories
 - Travel and accommodation (if applicable)
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6. What Parents Need to Know

- STAR 2 marks a shift toward greater independence, as skaters are expected to take more ownership of practicing and memorizing their routines outside of lesson time.
 - Group lessons continue to be included, but private, semi-private and small group lessons are essential and billed separately by your coach(es)..
 - Monthly coaching fees will increase due to the added need for individualized support.
 - We want every skater to have the opportunity to participate. If cost is a concern, please speak with the Skating Director, we're happy to find a plan that works for your family.
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7. Timelines & Competition Support

The timelines and logistics for STAR 2 competitions follow the same structure as STAR 1. You can expect an email approximately two months before the event with registration details, followed by updates on scheduling, skater groupings, and other important information.

It's completely normal for skaters to feel nervous, especially now that they're performing solo on full ice. Encourage your skater by acknowledging their effort and reminding them that learning to manage nerves is a valuable part of becoming an athlete.

On competition day:

- Avoid offering technical advice or corrections on competition day. Trust the coaching team to support your skater.
- Focus on what your skater can control: arriving prepared, doing their best, and enjoying the experience.
- Outcome-based feedback (like assessment scoring or score comparisons) can add pressure. Instead, celebrate their courage and progress.

Your support makes a big difference. A calm, positive presence helps your skater step onto the ice with confidence.

We're proud of your skater's growth and excited to cheer them on as they continue developing through this next stage!